

# VIC Chiropractic Intake Form NeuroEmotional for Minors

## Personal Information

Legal first name

Last name

Preferred first name

Middle name

Street

Unit

City

State/Province

Postal code

Home phone

Mobile phone

Email address

Date of birth

### Gender

Male

Female

## Occupation and Referral

Occupation

Hours per week

Referred by

**In case of emergency, who should we contact?**

Legal first name	Last name	
Relationship		
Home phone	Mobile phone	Email address

**What brings you in for Neuro Emotional Adjustment today?**

Have you experienced this issue before? Yes No

**What goals or outcomes would you like from NeuroEmotional adjustment?**

1.	
2.	
3.	

**Please check any of the following you've experienced recently or in the past:**

- |                                  |                                   |
|----------------------------------|-----------------------------------|
| Anxiety                          | Panic attacks                     |
| Depression                       | Emotional trauma                  |
| Phobias or irrational fears      | Unexplained anger or irritability |
| Nightmares or intrusive memories | Feeling stuck or emotionally numb |
| Other (explain below)            |                                   |

**Explain "Other" answer here:**

**Do you currently take medications that affect your mood, sleep, or stress response?**

Yes

No

### **NEURO EMOTIONAL TECHNIQUE INFORMED CONSENT**

Our thoughts and feelings don't just stay in our heads — they can affect our bodies, too. For a long time, chiropractors have noticed that stress and emotions (like fear, anger, or sadness) can make the body feel tense, tight, or even out of balance. Neuro Emotional Technique (NET) is a special way to help the body let go of old emotional stress so it can work better and feel calmer.

NET is gentle, natural, and doesn't use needles. During a session:

- We'll use muscle testing to check how your body responds to certain words or ideas
- You might be asked to think about a memory, feeling, or stressful situation — but you never have to say anything you don't want to
- Your chiropractor may gently touch, or ask you to touch, certain points on your body to help release the stress
- It's okay if emotions come up — that's just your body clearing old feelings, kind of like sneezing out dust

NET works with your body's *emotional memory*, not necessarily what actually happened. The goal isn't to relive something — it's to help your body stop holding onto stress it doesn't need anymore.

You're always in control. You can pause or stop anytime, and if we ever feel that another kind of support might help, we'll talk about that together.

Neuro Emotional Technique (NET) helps the body release stress that may be connected to past experiences — even ones we didn't realize were still affecting us. These experiences might be big or small, recent or long ago. Everyone's body holds onto things a little differently.

Sometimes, during NET, the body remembers:

- Moments when you felt nervous, upset, or embarrassed
- Times when things changed at home or school
- Feeling left out, disappointed, or not good enough
- Times you were scared or got hurt
- Big emotions from family, friendships, or tough days
- Worries about doing well or making mistakes

You **don't have to talk about anything you don't want to**. NET works with your body, not just your words — so even quiet sessions can be powerful.

We're here to support you in a safe, respectful space, and it's always okay to ask questions or take a break.

**Please read and check each box to indicate your understanding and agreement.**

	I understand and agree.
I understand that Neuro Emotional Adjustments & Technique (NEA&T) is a stress-reduction technique & not psychotherapy or counseling.	
I understand that while emotional memories may surface during NEA&T, this is not intended to resolve trauma or substitute for therapy.	
I understand that muscle testing and light touch may be used during my session, and I can withdraw consent at any time.	
I understand that NEA&T may bring up temporary fatigue or heightened emotions, and I take full responsibility for my emotional wellbeing.	
I understand that any memories accessed may reflect emotional perception rather than objective fact ("emotional reality").	
I understand that if at any time my provider feels that NEA&T is not an appropriate approach, the session may be paused or discontinued.	
I agree not to intentionally influence muscle testing and will remain open to the process.	

**Client**  
**Authorization and Consent**

I have read and understand the information above. I am the parent or legal guardian of the above-named patient, and in signing this document, I consent for my minor to receive Neuro Emotional Adjustment & Technique as part of his/her care at Valley Integrative Chiropractic. I understand I can discontinue at any time. This consent applies to the entire course of care now and in the future. I affirm I have the legal right to make these decisions.

X

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**Print name:**

**Date:**